



## SEVERN FIRE MEDICAL EXAMINATION REPORT

### Applicant Information

Name: (Last) \_\_\_\_\_ (First) \_\_\_\_\_ (Initials) \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Province \_\_\_\_\_ Postal code: \_\_\_\_\_

### Physician Information

Name: (Last) \_\_\_\_\_ (First) \_\_\_\_\_ (Initials) \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Province \_\_\_\_\_ Postal code: \_\_\_\_\_

### To be completed by the Physician

Is the applicant prescribed any medications that may affect his/her performance of duties as a Firefighter? Yes  No

#### **Please review the Position Profile (Appendix 'A' – see reverse)**

Is the applicant medically fit to perform the duties of a Firefighter, based on the Position Profile? Yes  No

Is the applicant currently vaccinated for COVID-19? Yes  No

I, the undersigned, am a legally qualified medical practitioner, licensed to practice in the Province of Ontario. This report confirms my evaluation and medical opinion of the applicant.

**Physician's Signature** \_\_\_\_\_ **Date:** \_\_\_\_\_

## APPENDIX A: FIREFIGHTER POSITION PROFILE

(to be completed by Family Physician with Medical Examination Report)

### Description of Tasks

Firefighters are required to carry heavy equipment such as ladders, chainsaws, fire hoses, hydraulic extrication tools, etc. Other tasks may include lifting, pulling, chopping, climbing stairs/ladders, crawling, wearing self-contained breathing apparatus and other heavy personal protective equipment, driving, and operating emergency vehicles, and performing cardio-pulmonary resuscitation (CPR).

### Environmental Factors

A firefighter's duties may include possible exposure to toxic gases and particulates, chemicals, wet/damp conditions, exposure to extreme temperature variations for lengthy periods of time, and the requirement to perform tasks in confined working spaces.

### Stressors

Firefighting requires an individual to go from minimal physical activity to peak physical activity within a very short time frame. Physical stress is amplified by the need to wear heavy personal protective equipment while carrying, pulling, pushing, and lifting a variety of materials. In addition to physical stress, firefighters are exposed to emotional stress while performing rescue activities involving severely injured or deceased patients and while administering first aid or CPR involving profuse bleeding and vital signs absent. Often, the patients are known to the firefighters in smaller communities, adding to the stress load.

I have reviewed the contents of the Firefighter Position Profile prior to determining if the applicant is medically fit to perform the duties of a firefighter.

**Physician's Signature** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Include Physician's stamp or sticker here:**

